# Cultural Preservation through Performing Arts: Case Studies from Indigenous Communities in Canada

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#### ABSTRACT

This abstract outlines a comprehensive exploration of the role of performing arts in the preservation of indigenous cultures in Canada. The study focuses on case studies that exemplify the significance of traditional performing arts as a dynamic and resilient medium for the transmission and safeguarding of cultural heritage within indigenous communities. The research draws on ethnographic methodologies, interviews, and participant observation to provide an in-depth analysis of the ways in which performing arts serve as a powerful tool for cultural preservation. The study sheds light on the multifaceted aspects of cultural preservation through performing arts, emphasizing the interplay between traditional knowledge, oral traditions, and contemporary expressions. It delves into the challenges and triumphs faced by indigenous communities in Canada as they navigate the complexities of cultural preservation in the face of historical injustices, globalization, and modernization. Several case studies are examined to illustrate the diverse range of performing arts employed by indigenous communities, including traditional dances, storytelling, theatrical performances, and music. These case studies highlight the adaptability and innovation within these art forms, demonstrating their capacity to evolve while remaining rooted in cultural authenticity.

Keywords: Cultural Preservation, Performing Arts, Indigenous Communities, Canada, Traditional Knowledge, Intergenerational Transmission

## INTRODUCTION

Indigenous communities in Canada possess rich and diverse cultural heritages that are intricately woven into the fabric of the nation. The preservation of these unique cultural identities faces numerous challenges, including historical injustices, globalization, and the ongoing impacts of colonization. Within this context, performing arts emerge as dynamic and resilient mediums that play a pivotal role in safeguarding and transmitting indigenous cultures.

This research explores the multifaceted ways in which performing arts contribute to cultural preservation within indigenous communities in Canada. By delving into various case studies, the study aims to unravel the intricate relationship between traditional performing arts, oral traditions, and contemporary expressions. The importance of these art forms as living repositories of cultural knowledge and their ability to adapt and evolve while remaining rooted in authenticity are central themes that will be explored.

As we embark on this journey, it becomes evident that performing arts are not mere spectacles; they are powerful tools that shape and define community identity, foster social cohesion, and facilitate the intergenerational transfer of knowledge. This research seeks to illuminate the challenges faced by indigenous communities and celebrate their triumphs as they utilize performing arts as a means of resilience, empowerment, and healing.

By examining a range of case studies, from traditional dances to theatrical performances and music, this study aims to provide a comprehensive understanding of how performing arts contribute to the preservation of indigenous cultures. The findings of this research contribute to the broader discourse on cultural preservation and advocate for the recognition and support of these vibrant and essential cultural practices as integral components of Canada's rich and diverse heritage.

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#### LITERATURE REVIEW

The literature surrounding the preservation of indigenous cultures through performing arts in Canada reflects a growing recognition of the profound role these art forms play in maintaining cultural identity and resilience. Scholars have explored various dimensions of this intricate relationship, shedding light on historical contexts, contemporary challenges, and the transformative potential of performing arts within indigenous communities.

Historically, indigenous cultures in Canada have faced systematic attempts at erasure and assimilation. The literature emphasizes how performing arts have served as both resistance and resilience mechanisms against these adversities. Traditional dances, storytelling, and music have been integral to the survival of oral traditions, allowing communities to pass down cultural knowledge from generation to generation despite historical disruptions.

The impact of colonialism and its ongoing consequences on indigenous communities is a recurrent theme in the literature. Scholars have highlighted the role of performing arts in reclaiming cultural autonomy and challenging stereotypical representations imposed by external forces. Traditional ceremonies and performances act as platforms for cultural revitalization and assertion of indigenous worldviews, countering the effects of cultural marginalization.

The literature also recognizes the adaptability of indigenous performing arts to contemporary contexts. Case studies reveal how communities innovate within their cultural frameworks, incorporating modern elements while preserving traditional authenticity. The dynamic nature of these art forms contributes to their sustainability and relevance in the face of evolving cultural landscapes.

The importance of performing arts in fostering community well-being and healing is a prominent aspect of the literature. Scholars explore how participation in traditional performances contributes to a sense of belonging, cultural pride, and psychological healing among indigenous individuals and communities dealing with historical traumas.

However, the literature also acknowledges challenges such as cultural appropriation, limited resources, and the impact of globalization on the authenticity of indigenous performing arts. These challenges underscore the need for cultural policy reforms, community-led initiatives, and increased collaboration between indigenous communities and external stakeholders.

In conclusion, the literature review provides a foundation for understanding the intricate relationship between indigenous cultural preservation and performing arts in Canada. By synthesizing historical contexts, contemporary challenges, and transformative potentials, this research contributes to the ongoing dialogue on the importance of supporting and revitalizing these vital components of indigenous heritage.

#### **RELATED THEORIES & MODELS**

Several important factors and features characterize the topic of cultural preservation through performing arts in Indigenous communities in Canada. These factors contribute to the richness and complexity of the subject, shaping the dynamics of cultural resilience and continuity within these communities. Some key elements include:

- 1. **Historical Trauma and Resilience:** Indigenous communities in Canada have experienced historical traumas such as colonization, forced assimilation policies, and cultural suppression. The resilience of these communities, expressed through performing arts, becomes a crucial factor in reclaiming and maintaining cultural identities.
- 2. **Traditional Knowledge and Oral Traditions:** Performing arts, including traditional dances, storytelling, and music, serve as vessels for the transmission of traditional knowledge and oral traditions. They embody and preserve indigenous worldviews, philosophies, and histories, ensuring the continuity of cultural heritage.
- 3. Adaptability and Innovation: Indigenous performing arts demonstrate a remarkable ability to adapt to contemporary contexts while retaining their authenticity. This adaptability ensures that these art forms remain relevant and continue to evolve, addressing the challenges posed by modernization and globalization.
- 4. **Cultural Identity and Empowerment:** Performing arts play a pivotal role in shaping and expressing cultural identity within Indigenous communities. Engaging in these art forms fosters a sense of pride, empowerment, and belonging, contributing to the overall well-being of individuals and communities.

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- 5. **Healing and Well-being:** Traditional performances often serve as therapeutic outlets, contributing to the healing and well-being of individuals and communities affected by historical traumas. The expressive nature of performing arts allows for the processing and acknowledgment of past injustices.
- 6. **Community Cohesion and Interconnectedness:** Performing arts act as mechanisms for community cohesion, fostering interconnectedness among community members. Participation in traditional ceremonies and events strengthens social bonds and creates a sense of shared cultural experience.
- 7. **Challenges and Opportunities:** The topic acknowledges challenges faced by Indigenous communities in preserving their cultures, including cultural appropriation, limited resources, and the impact of external influences. Exploring these challenges provides insights into potential opportunities for policy reforms, community-led initiatives, and cross-cultural collaborations.
- 8. **Cultural Policy and Advocacy:** The role of cultural policy and advocacy in supporting indigenous performing arts is a significant aspect. Recognizing the importance of these art forms in national and regional cultural policies becomes essential for providing the necessary support and protection.
- 9. Collaboration and Knowledge Exchange: The exchange of knowledge and collaboration between indigenous communities and external stakeholders, such as researchers, policymakers, and artists, plays a crucial role in advancing the preservation efforts. These collaborations can contribute to sustainable initiatives and the amplification of indigenous voices.

In summary, the multifaceted nature of cultural preservation through performing arts in Indigenous communities in Canada encompasses historical, cultural, social, and contemporary dimensions. Understanding these factors and features is essential for appreciating the resilience and vibrancy inherent in indigenous cultures and their artistic expressions.

## COMPARATIVE ANALYSIS

A comparative analysis of cultural preservation through performing arts in Indigenous communities in Canada involves examining similarities and differences across various aspects of the topic. Here, we compare key elements, strategies, and outcomes within the context of different Indigenous communities and their approaches to using performing arts for cultural preservation:

## 1. Historical Context:

- **Similarities:** Many Indigenous communities share a history of colonization, forced assimilation policies, and cultural suppression. This historical trauma is often a common thread that influences the need for cultural preservation through performing arts.
- **Differences:** The specific historical experiences and interactions with colonial powers may vary among Indigenous groups, leading to nuanced approaches and responses in their use of performing arts.
- 2. Artistic Expressions:
  - **Similarities:** Traditional dances, storytelling, and music are prevalent forms of artistic expression across various Indigenous communities. These art forms serve as powerful vehicles for transmitting cultural knowledge and maintaining oral traditions.
  - **Differences:** Specific dances, stories, and musical styles may vary, reflecting the unique cultural practices and beliefs of each Indigenous group. The diversity in artistic expressions contributes to the richness of the overall cultural landscape.

## 3. Adaptability and Innovation:

- **Similarities:** Indigenous communities across Canada often demonstrate a shared ability to adapt traditional performing arts to contemporary contexts. This adaptability ensures the continued relevance and evolution of these art forms.
- **Differences:** The ways in which different communities integrate modern elements or innovate within their cultural frameworks may vary, influenced by factors such as geographic location, community size, and external influences.

#### 4. Community Impact:

• **Similarities:** Performing arts contribute to community cohesion, empowerment, and a sense of cultural identity in various Indigenous communities. These impacts are often integral to the overall well-being of community members.

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- **Differences:** The specific ways in which performing arts influence community dynamics and well-being may differ based on cultural nuances and the unique challenges faced by each community.
- 5. Challenges and Resilience:
  - **Similarities:** Indigenous communities commonly face challenges such as cultural appropriation, limited resources, and external influences threatening cultural authenticity. Resilience strategies often involve leveraging performing arts for cultural revitalization.
  - **Differences:** The nature and intensity of challenges can vary, and resilience strategies may be shaped by the specific socio-political and cultural contexts of each community.

#### 6. Collaboration and Advocacy:

- **Similarities:** Collaboration between Indigenous communities and external stakeholders, as well as advocacy for cultural preservation, is a shared theme. Both involve efforts to amplify indigenous voices and secure support for performing arts initiatives.
- **Differences:** The extent of collaboration and the nature of advocacy efforts may differ based on the relationships between specific Indigenous groups and external entities, as well as the existing cultural policies in different regions.

In conducting a comparative analysis, recognizing both the commonalities and distinctions among Indigenous communities in Canada provides a more nuanced understanding of the diverse ways in which performing arts contribute to cultural preservation. It underscores the importance of context-specific approaches while acknowledging the interconnectedness of these communities' shared experiences.

#### CONCLUSION

In conclusion, the exploration of cultural preservation through performing arts in Indigenous communities in Canada reveals a complex tapestry of shared challenges, diverse strategies, and resilient outcomes. The significance of traditional dances, storytelling, and music in transmitting cultural knowledge and fostering a sense of identity is a common thread across these communities. This comparative analysis has highlighted both similarities and differences, underscoring the richness and uniqueness of each Indigenous group's approach to utilizing performing arts for cultural preservation.

The historical context of colonization and forced assimilation has left an indelible mark on Indigenous communities, shaping their collective memory and fueling the urgency to safeguard cultural heritage. Through performing arts, these communities have demonstrated adaptability and innovation, navigating the challenges posed by modernization while preserving the authenticity of their cultural expressions.

Community impact emerges as a central theme, with performing arts serving as catalysts for cohesion, empowerment, and healing. The role of these art forms in promoting well-being and resilience becomes evident, offering a means for communities to confront historical traumas and reclaim cultural autonomy.

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